

Curriculum Vitae

Lisa A. Anders

| Education

Ph.D. Nursing | Marquette University
May 2021 | Milwaukee, WI

B.S. Nursing | University of Wisconsin-Madison
May 2009 | Madison, WI

| Professional Experience

Assistant Professor | UNC Greensboro
Aug 2021–Present | Greensboro, NC

Research Assistant | Marquette University
Aug 2017-May 2018, Aug 2020-May 2021 | Milwaukee, WI

Lactation Consultant | Aurora Healthcare
April 2018-June 2020 | Oshkosh, WI

Registered Nurse | ThedaCare
Aug 2015-Aug 2017 | Neenah, WI

Registered Nurse | Aurora Healthcare
Aug 2009-June 2015 | Milwaukee, WI

| Academic Publications

PUBLISHED ARTICLES (PEER-REVIEWED)

1. **Anders, L. A., & Yasin, R. (2023).** Pumping knowledge and information needs of lactation consultants and registered nurses. *Clinical Lactation*, 14(4). <https://doi.org/10.1891/CL-2023-0024>
2. **Anders, L. & Yasin, R. (2023).** “At the end of the day, my goal is to help people feed their babies human milk”: A qualitative exploration of the pumping attitudes of lactation care providers. *Journal of Human Lactation*, 39(4), 711-719. <https://doi.org/10.1177/08903344231195628>
3. **Anders, L., Robinson, K., Ohlendorf, J., & Hanson, L. (2023).** Comparing experiences of women who were direct breastfeeding and women who used expressed breast milk to feed their infants. *MCN The American Journal of Maternal Child Nursing*, 48(2), 96–102. <https://doi.org/10.1097/NMC.0000000000000892>
4. **Ohlendorf, J.M., & Anders, L. (2022).** Running as a way fat women re-story their bodies and construct a runner identity in a North American sociocultural context. *Psychology of Sport and Exercise*, 63(2022), 1-9. <https://doi.org/10.1016/j.psychsport.2022.102278>

5. **Anders, L.**, Robinson, K., Ohlendorf, J., Hanson, L. (2022). Unseen, unheard: A qualitative analysis of women experiences of exclusively expressing breast milk. *BMC Pregnancy and Childbirth*, 22(58), 1-12. <https://doi.org/10.1186/s12884-022-04388-6>
6. Ohlendorf, J. M., & **Anders, L.** (2022). Coaching for childbearing health: A theory synthesis. *Advances in Nursing Science*, 45(3), 240-255. <https://doi.org/10.1097/ANS.0000000000000401>

PUBLICATIONS/DISSEMINATION IN OTHER FORMATS

1. Podcast detailing findings of publication:
Eglash, A. & Bodnar, K. (Co-hosts). (2022, June 22). Maternal vitamin D supplementation & infant bone density. Experiences of women who planned to exclusively pump. (No. 99) [Audio podcast episode]. In *The Breastfeeding Medicine Podcast*. https://lacted.org/podcasts/breastfeeding_vitamin-d-supplementation_infant-bone-density_women-who-planned-exclusively-pump/. Source: **Anders, L.**, Robinson, K., Ohlendorf, J., Hanson, L. (2022). Unseen, unheard: A qualitative analysis of women experiences of exclusively expressing breast milk. *BMC Pregnancy and Childbirth*, 22(58), 1-12. <https://doi.org/10.1186/s12884-022-04388-6>

CURRENT WORKS IN PROGRESS

1. **Anders, L.** & Frem, J.M. Evidence and recommendations regarding breast pump breast shield/flange fit: A scoping review. [Manuscript in preparation]
2. **Anders, L.** & Frem, J.M. Flange fitting to optimize comfort and milk yield for pumping parents: A pilot study. [Data collection and analysis]
3. **Anders, L.** Duration, exclusivity, and flange sizes used by exclusively pumping parents. [IRB application in progress]
4. Hall, T.F., & **Anders, L.** Rapid sequence deliberate practice learning to enhance nursing student confidence and competence during postpartum hemorrhage. [Conceptualization]

| Academic Presentations

INVITED TALKS

1. **Anders, L.** & Hubbard, L. (2023, October 2). *Beyond the latch: Supporting parents using breast pumps* [presentation]. Carolina Perinatal Association Perinatal Partnership Conference, Myrtle Beach, SC.
2. **Anders, L.** (2021, September 17). *Exclusive pumping: Learning from parent experiences to improve care* [Presentation]. Wisconsin Association of Lactation Consultants Quarterly Meeting, Virtual.

CONFERENCE PRESENTATIONS (Peer Reviewed)

1. Ohlendorf, J., **Anders, L.**, & Mattson, N. (2023, June 22). *Online communities: Belonging, empowerment, and self-management* [Presentation]. Association of Women's Health, Obstetric and Neonatal Nurses National Convention, New Orleans, LA.

POSTERS & ABSTRACTS (Peer Reviewed)

1. **Anders, L.,** & Mesite Frem, J. (To be held 2023, November 9-12). *Flange fitting to optimize breast milk removal and comfort for pumping parents: A pilot study* [poster presentation]. Annual International Meeting of the Academy of Breastfeeding Medicine 2023, Schaumburg, IL.
2. **Anders, L.,** & Yasin R. (2022, September 21-24). *Human milk expression knowledge, information needs and attitudes of lactation consultants* [poster presentation]. New Horizons in Clinical Lactation: United States Lactation Consultant Association 2022 Conference, Norfolk VA.
3. **Anders, L.** (2021, March 24-27). *Experiences of exclusive breast milk expression*. Midwest Nursing Research Society Student Poster Competition, Virtual.
4. Ohlendorf, J., & **Anders, L.** (2021, March 24-27). What women's goals reveal about self-regulation and health promotion through the pregnancy transition [paper presentation]. Midwest Nursing Research Society Paper Presentation, Virtual.
5. **Anders, L.,** & Robinson, K. (2020, Cancelled due to Covid-19). *Mothers' perceptions of breast milk feeding: A pilot study* [poster presentation]. Wisconsin Association for Perinatal Care, Elkhart Lake, WI.
6. **Anders, L.** (2019, May 7). *Breast milk expression for term infants: A critical review of the literature* [poster presentation]. Marquette University College of Nursing Doctoral Student Celebration, Milwaukee WI.
7. **Anders, L.** (2018, May 8). *Examining the decision-making processes of women who exclusively express breast milk* [poster presentation]. Marquette University College of Nursing Doctoral Student Celebration, Milwaukee WI.

| Grant Applications and Funding

Grants (Funded)

Health Resources and Services Administration | Maternal Child Health Pipeline Training Program. Award: \$ 470,767.00 Role: PD. August 18, 2023-May 31, 2026.

University of North Carolina Internal Research Award | Flange Fitting to Optimize Breast Milk Removal and Comfort for Pumping Parents: A Pilot Study. Award: \$5,000 Role: PI. January 1, 2023-June 30, 2024.

Wisconsin Association of Lactation Consultants Project Grant | Experiences of Mothers Who Exclusively Express Breast Milk. Award: \$800. Role: PI. 2020-2021.

Grants (Not Funded)

University of North Carolina New Faculty Research Award | A Qualitative Investigation of the Breastmilk Expression Educational and Support Needs of the Piedmont-Triangle Area Community of North Carolina. Amount requested: \$4,950 Role: PI. Submitted October 2021

Medical College of Wisconsin Clinical and Translational Science Institute: TL1 Institutional Pre-doctoral Training Grant | Experiences of African American Mothers Who Express Breast Milk. Amount requested: \$39,768 Role: PI. Submitted April 2020

| Student Mentorship

Undergraduate Student Mentorship | UNCG

Jocelyn Marshall, Student Honors Project: *Exploring Postpartum Mood Disorders and Breastfeeding*. (2023), School of Nursing, University of North Carolina at Greensboro, Greensboro, North Carolina

Emory Hedrick, Student Honors Project: *Incorporating Trauma-Informed Care Education into A Training Program for Nursing Student Volunteers in a NICU Setting* (2022-2023), School of Nursing, University of North Carolina at Greensboro, Greensboro, North Carolina.

Graduate Student Mentorship

Kimberly Rosenbaum, Doctoral Dissertation Committee. Qualitative exploration of the support needs of exclusively pumping parents. (2023-current), School of Nursing, University of Texas at Tyler, Tyler, Texas.

| Service

University | UNCG

School of Nursing Disciplinary Honors Liaison (Fall 2023)

School of Nursing Enrichment, Recognition, and Awards Committee Chair (2023-present)

School of Nursing Faculty Matters Committee Member (2022-present)

Professional

Reviewer:

The Journal of Obstetric, Gynecologic, and Neonatal Nursing (2022-present)

Nursing for Women's Health (2022-present)

Sexual and Reproductive Wellness (2023-present)

Triangle Breastfeeding Alliance, Treasurer (Sept 2022-2023)

Community

YWCA of Greensboro Healthy Moms Healthy Babies Program, Breastfeeding Educational Event Guest Speaker (2022)

Laurel Park Elementary School PTA, Spirit Night Coordinator (2022-present)

| Professional Memberships

International Lactation Consultant Association (2017-present)

United States Lactation Consultant Association (2018-present)

Triangle Breastfeeding Alliance (2021-2023)

North Carolina Lactation Consultant Association (2021-present)

Association of Women's Health, Obstetric, and Neonatal Nurses (2022-present)

North Carolina Perinatal Association (2023-present)

| Licensure and Certifications

Registered Nurse (330753) | State of North Carolina | Exp. 9/30/2024

International Board-Certified Lactation Consultant (L-141090) | IBCLC Commission | Exp.
12/31/2028

Basic Life Support | American Heart Association | Exp. 1/01/2025

| Awards & Honors

Graduate Assistance in Areas of National Need (GAANN) | Awarded Grant
Fellowship 2018-2020