

**AMBER L. VERMEESCH,
PHD, MSN, FNP-C, RN, CNE, FACSM, FNAP, ANEF, FAANP**

ACADEMIC APPOINTMENTS

INSTITUTION	TITLE/RANK	DATES
University of North Carolina Greensboro	MSN Family Nurse Practitioner Concentration Coordinator, Advanced Nursing Education	09/2023 - Present
University of North Carolina Greensboro School of Nursing Greensboro, NC	Department Chair, Family and Community Nursing Associate Professor with Tenure	08/2022 – 08/2023 08/2022 – Present
University of Portland School of Nursing Portland, OR	Director of Research and Scholarship Interim DNP Director Associate Professor Tenured	05/2021 – 06/2022 01/2021 – 05/2021 08/2014 – 06/2022 1/2018
Michigan State University College of Nursing East Lansing, MI	Assistant Professor	08/2011 – 08/2014
Center for Health and Nature, Huston, TX	Faculty Fellow	01/2023 – Present
Julian Samora Research Institute, Michigan State University East Lansing, MI	Faculty Affiliate	11/2012 – 08/2014
Chicano/Latino Studies Program, Michigan State University East Lansing, MI	Faculty member	08/2013 – 08/2014

EDUCATION

INSTITUTION	DEGREE & SPECIALTY AREA	GRADUATION YEAR
University of Miami, Coral Gables, FL	Doctor of Philosophy, Nursing Science Concentration: Health Disparities and Minority Populations. Dissertation: <i>Why Latinas exercise: A multi-method exploration of motivators using participatory photography methodology</i>	2011

Vanderbilt University, Nashville, TN	Master of Science, Nursing Thesis: <i>Culturally sensitive images as an effective means of health promotion among homeless Latino/Hispanic Men</i>	2006
Davidson College, Davidson, NC	Bachelor of Arts, Anthropology	2001

LICENSE & CERTIFICATION

Certified Forest Therapy Guide	Exp. 10/08/2023
Nurse Practitioner Licensed in the State of North Carolina	Exp. 04/30/2023
Registered Nurse Licensed in the State of North Carolina	Exp. 04/30/2024
Family Nurse Practitioner, American Academy of Nurse Practitioners	Exp. 11/01/2026
Certified Nurse Educator, National League for Nursing Certification	Exp. 12/2027
BLS Adult and Infant through the American Heart Association	Exp. 12/2023
National Provider Identifier	02/2007
TEFL Certified 100-hour certificate program through Tennessee Foreign Language Institute (TFLI), Nashville, TN	01/2002 – 05/2002

PROFESSIONAL EXPERIENCE

Practice

EMPLOYER	TITLE/RANK	DATES
The Skin Clique	Family Nurse Practitioner	11/2023 - Present
Curana Health	Family Nurse Practitioner	11/2022 - Present
University of Portland Harrington Health Clinic	Family Nurse Practitioner	01/2021 – 08/2021
Providence Medical Group, Portland, OR	Family Nurse Practitioner	10/2016 – 07/2022
Pearl Health Center, Portland, OR	Family Nurse Practitioner	1/2015 – 04/2016
Care Free Medical & Dental Clinic, Lansing, MI	Family Nurse Practitioner	10/2013 – 07/2014
Spectrum Health Systems, at Express Health Wellness Program for Burcham Hills, East Lansing, MI	Family Nurse Practitioner	10/2012 – 06/2013

Living Well Health Solutions Wellness Clinic for Burcham Hills, East Lansing, MI	Family Nurse Practitioner	11/2011 – 08/2012
Vanderbilt University, Medical Walk-in Clinic, Franklin, TN	Family Nurse Practitioner	01/2008 – 08/2008
Vanderbilt University, Nashville, TN	Instructor in Clinical Nursing	01/2008 – 08/2008
Vanderbilt University School of Nursing students, Nashville, TN	Preceptor	11/2007 – 08/2008
St. Thomas Health Services South, Nashville, TN	Family Nurse Practitioner	07/2007 – 08/2008
Nashville Family Healthcare, Nashville, TN	Family Nurse Practitioner	02/2007 – 07/2007

Other Employment

EMPLOYER	POSITION	DATES
University of Miami Center of Excellence for Hispanic Health Disparities Research	Research Assistant for El Centro El Centro was established in 2007 through a five-year grant from the National Center on Minority Health and Health Disparities of the National Institutes of Health, (1P60 MD002266- 01, Nilda Peragallo, DrPh, Principal Investigator), supervised by Victoria Mitrani, PhD. Responsibilities: Grant, manuscript development, and website editing	10/2009 – 12/2010
University of Miami School of Nursing and Health Studies, Coral Gables, FL	Research Assistant for SEPA HIV Intervention Reducing Health Disparities Among Hispanic Women – (Study 2) - NCMHD Center for Culturally-Tailored Hispanic Health Disparities Research 1P60MD002266- 01. National Institute of Health (NIH). 2007-2010, supervised by Nilda Peragallo, DrPh, Principal Investigator. Responsibilities: Data collection, management, preparation, and manuscript development	08/2008 - 08/2010

University of Miami School of Nursing and Health Studies, Coral Gables, FL	Research Assistant HIV Prevention Research and data management among Latinos, supervised by Rosa Guarda-Gonzalez, PhD Responsibilities: Data management, preparation, and manuscript development	06/2009 - 12/2009
University of Miami School of Nursing and Health Studies, Coral Gables, FL	Research Assistant for Project VIDA: Violence, intimate relationships, and drugs among Latinos. NCMHD Center for Culturally-Tailored Hispanic Health Disparities Research P60MD002266-01. National Institute of Health (NIH). 2007-2008, supervised by Elias Vasquez, PhD, Principal Investigator, and Rosa Guarda-Gonzalez, PhD Responsibilities: Data management and preparation for manuscript development	08/2009

SCHOLARLY WORK

Research & Grants

Funded

Vermeesch, A. (PI) (2023) Fostering Environmental Reconnection in Nature. Funding by Division of Student Affairs launched the iBelong 2023-2024. Total award: \$500

Vermeesch, A. (PI) & Schutz, W. (mentee). 2023-2024. Determining the Impact of Perceived Discrimination on physical markers of wellbeing for Blacks living in the US. Funded by Mini-grant application for the 2023-2024 cycle in support of the All of Us Research Program. Total award: \$12,000

Williams, W. (PI), **Vermeesch, A. (Co-investigator)**, Henson, A. (Co-investigator). 2023 Advanced Nursing Education Workforce (ANEW) Program. Funded by HRSA. Total Award: \$2,595,303

Henson, A. (PI), & **Vermeesch, A.** (PI). 2023 AHEC CSD NP site development. Funded by Piedmont AHEC. Total Award: \$11,595

Vermeesch, A. (PI) & Jones, L (mentee). 2022-2023. Wellness among communities of color. Funded by Mini-grant application for the 2022-2023 cycle in support of the All of Us Research Program. Total award: \$10,000

Vermeesch, A. (PI) & Garrigues, L. (PI). *Feasibility Study on the Effects of Nature-Based Intervention on Undergraduate Nursing Students' and Recently Graduated Registered Nurses' Stress*. Funded by Butine (11/24/2021-10/1/2022). Total award: \$5000

- Vermeesch, A.** (PI) & Garrigues, L. *Nature Therapy Effects on Nurse Practitioners' Stress*. Funded by Sigma Omicron Upsilon Chapter (02/23/2021-02/15/2022). Total award: \$1500
- Vermeesch, A.** (PI) (2020). Opus Foundation Sabbatical Grant. Opus Foundation. Total award: \$5,000
- Vermeesch, A.** (PI) (2020). *Enhancing Vital Practice in a School of Nursing*. National Institute for Occupational Safety and Health funding through the Professional Training Opportunities Program Northwest Center for Occupational Health & Safety. (10/01/2020 – 06/30/2021). Total award: \$9,722
- Vermeesch, A.** (2020). Taste of Lifestyle Medicine Micro-grant to Fund Plant-based Food to be Served at a Lifestyle Medicine Event at University. Funded by The American College of Lifestyle Medicine. (Fall 2020). Total award: \$250.
- Vermeesch, A.** (PI) & Braband, B. *Bridge to Wellness*. Funded by Sigma Omicron Upsilon Chapter, (02/27/2020 – 02/15/2021). Total award: \$750
- Wyss, H. (PI) & **Vermeesch, A.** (PI). *Building Resilience, Health, and Wellness for Nursing Students Beyond the Parameters of Title IX and Early Alert Programs*. Funded by Butine, (11/15/19-9/30/20). Total award: \$5000
- Wyss, H. (PI) & **Vermeesch, A.** (PI). *Prevalence of Coping Strategies for Inappropriate Patient Sexual Behavior in Nursing Baccalaureate Education*. Funded by Omicron Upsilon Chapter of Sigma Theta Tau Practice Scholarship Grant, (3/22/19-3/21/20), Total award: \$800
- Completed Funded
- Vermeesch, A.** (PI), Auxier, N. (PI). *Concept-Based Methodologies*. Funded by Misener Fund for Innovation, (11/30/2017-12/10/2018), Total award: \$1,000
- Vermeesch, A.** (PI) & Potter, P. (PI). *Developing Cultural Sensibility as a Response to Patient Diversity*. Funded by Misener Fund for Innovation, (11/29/2016-12/10/2017), Total award: \$2,000
- Barber, H. (PI) & **Vermeesch, A.** (PI). *Road Less Traveled: Stressors & Coping Strategies Unique to Undergraduate Nursing Students*. Funded by University of Portland, Butine Awards, (11/10/2016-12/10/2017), Total award: \$1,776
- Potter, P. (PI) & **Vermeesch, A.** (PI). Diversity and Inclusion Grant for Course Enhancement and Diversity/Inclusion Training for NRS 310, Multicultural Population Health Promotion. (11/22/2016 -11/30/2017), Total amount: \$500

Huh, J. (PI), **Vermeesch, A., (Key Personnel)**, Huebner, M., Given, B., Chai, J. *InfoMediator: Weaving Clinical Expertise in Online Health Communities*. Total amount: \$519,778. NIH K01 October 16, 2013 – August 2017.

Vermeesch, A. (PI). *Workplace Related Quality of Life: Effect of Available Recreation Facilities*. Funded by University of Portland, Butine Awards, (11/10/2014-12/10/2015), Total award: \$2,888

Vermeesch, A. (PI). *Holistic Delivery of Sclerotherapy and Patient Quality of Life*. Funded by Sigma Theta Tau, Omicron Upsilon Chapter Practice Scholarship Grant, (07/2015 -5/2016), Total award: \$2000 Status: Unable to complete due to inability to secure insurance coverage.

Vermeesch, A. (PI). **Marjorie Holmes Award**. 7/1/13-6/30/14. Physical Activity and Public Health Research in Latinas. Total award: \$2500

Vermeesch, A. (PI). *Dayr to Move Latinas: Reducing Obesity Risk with Motivational Web Intervention Pilot Study*. Funded by College of Nursing, Michigan State University, (03/25/2013-06/30/2013), Total award: \$164

Vermeesch, A. (PI). *Physical Activity Regulation and Habits of Childbearing Latinas* Funded by College of Nursing, Michigan State University, (08/2012-08/2013), Total award: \$2,065

Vermeesch, A. (PI). *Physical Activity Regulation and Habits of Childbearing Latinas.*” Funded by Sigma Theta Tau, Alpha Psi Chapter Research Grant, (05/2012-05/20/2013), Total award: \$1,500

Vermeesch, A. (PI). *Why Latinas Exercise: A Multi-Method Exploration of Motivators Using Participatory Photography Methodology*. Funded by 2010 Florida Nurses Foundation Edna Hicks Research Fund for doctoral dissertation research study, (09/2010), Total award: \$750

Vermeesch, A. (PI). *Why Latinas Exercise: A Multi-Method Exploration of Motivators Using Participatory Photography Methodology*. Funded by Sigma Theta Tau, International Honor Society of Nursing, Beta Tau Chapter Research Grant for doctoral dissertation research study, (04/2010), Total award: \$1000

Vermeesch, A. (PI). *Why Latinas Exercise: A Multi-Method Exploration of Motivators Using Participatory Photography Methodology*. Dept. of Nursing and Health Studies, University of Miami School of Nursing and Health Studies, Coral Gables, Florida, (05/2010-08/2011), Total award: \$500

Vermeesch [maiden name: Worrell], A. (PI). *Culturally Sensitive Images as an Effective Means of Health Promotion among Homeless Latino/Hispanic Men*. Funded by Sigma Theta Tau, International Honor Society of Nursing, Iota Chapter Research Grant for master’s thesis research study, (08/2006), Total award: \$350

Publications

Books

Vermeesch, A. L., Cox, P. H., Giske, I. M., & Roberts, K. (2023). *Ethical case studies for advanced practice nurses Facilitator Guide*. Sigma Theta Tau International. ISBN-13: 9781646480975

Vermeesch, A. L., Cox, P. H., Giske, I. M., & Roberts, K. (2022). *Ethical case studies for advanced practice nurses*. Sigma Theta Tau International. ISBN-13:9781646480906

Vermeesch, A. (Ed). (2021). *Integrative Health Nursing Interventions for Vulnerable Populations*. Springer, Cham. <https://doi.org/10.1007/978-3-030-60043-3>

Book Chapters

Vermeesch, A. (2021). Integrative Physical Activity Intervention Strategies and Influencing Factors for Latina women. In **Vermeesch, A.** (Eds.), *Integrative Health Nursing Interventions for Vulnerable Populations*. Springer, Cham. https://doi.org/10.1007/978-3-030-60043-3_12

Vermeesch, A. & Cox, P. (2021). Mindfulness and Stress Reduction Strategies with Undergraduate and Graduate Nursing Students. In **Vermeesch, A.** (Eds.), *Integrative Health Nursing Interventions for Vulnerable Populations*. Springer, Cham. https://doi.org/10.1007/978-3-030-60043-3_4

Publications in Refereed, Peer Reviewed Journals

Timko Olson, E. R., Olson, A. A., Mathiason, M., **Vermeesch, A. L.**, & Bliss, D. (2023). A Nature-Based Intervention to support the Well-being of Baccalaureate Nursing Students. *Journal of Nursing Education*. 20(3):2376.

Timko Olson, E. R., Olson, A. A., Driscoll, M., & **Vermeesch, A. L.** (2023). Nature-Based Interventions and Exposure among Cancer Survivors: A Scoping Review. *International Journal of Environmental Research and Public Health*. 20(3):2376. <https://doi.org/10.3390/ijerph20032376>

Vitagliano, L. A., Wester, K. L., Jones, C. T., Wyrick, D. L., & **Vermeesch, A. L.** (2023). Group Nature-Based Mindfulness Interventions: Nature-Based Mindfulness Training for College Students with Anxiety. *International Journal of Environmental Research and Public Health*, 20(2), 1451. MDPI AG. Retrieved from <http://dx.doi.org/10.3390/ijerph20021451>

Faghy, M.; Arena, R.; Hills, A.; Yates, J.; **Vermeesch, A. L.**; Franklin, B; Popovic, D.; Strieter, L; Lavie, C; & Smith, A. (2022). The Response To The Covid-19 Pandemic: With Hindsight What Lessons Can We Learn? *Progress in Cardiovascular Diseases*. ISSN 0033-0620, <https://doi.org/10.1016/j.pcad.2022.11.019>

Vermeesch, A. L., Garrigues, L., & Litten-Brown, C. (2022). Integrative Wellness Approaches to Mitigate Perceived Stress, Increase Vitality, and Build Community during COVID-19: A

Pilot Study. *International Journal of Environmental Research and Public Health*, 19(24), 16463. <https://doi.org/10.3390/ijerph192416463>

Soulé, I., Littzen-Brown, C., **Vermeesch, A.**, & Garrigues, L. (2022). Expanding the Mind-Body-Environment Connection to Enhance the Development of Cultural Humility. *International Journal of Environmental Research and Public Health* 2022 Oct 21;19(20):13641. doi: 10.3390/ijerph192013641. PMID: 36294221; PMCID: PMC9602847.

Vermeesch, A.L.; Coro, A.; Mattes, K.; Ostendorff, D.; Timko Olson, E. (2022). Nature-Based Feasibility Intervention to Influence Mitigation Strategies for Perceived Stress. *International Journal of Environmental Research and Public Health* 2022, 19, 12277. <https://doi.org/10.3390/ijerph191912277>

Garrigues, L., Soulé, I., & **Vermeesch, A. L.** (2022). Nursing Students and the Human Body: Application of an Ethics Pilot Project *International Journal of Environmental Research and Public Health*. 19, 11603. <https://doi.org/10.3390/ijerph191811603>

Vermeesch, A. L., Littzen-Brown, C., & Lafrenz, A. (2022). New Advances on Wellness Therapies Using Integrated Health Focusing on Nature. *International Journal of Environmental Research and Public Health*. 19, 10313. doi: 10.3390/ijerph191610313

Faghy, M. A., Arena, R., Babu, A. S., Christle, J. W., Marzolini, S., Popovic, D., **Vermeesch, A.**, Pronk, N. P., Stoner, L., & Smith, A. (2022). Post Pandemic Research Priorities: A Consensus Statement from the Healthy Living for Pandemic Event Protection (HL-PIVOT). *Progress in Cardiovascular Diseases*, Volume 72, 2-16 <https://doi.org/10.1016/j.pcad.2022.07.001>

Vermeesch, A., Bustamante, E., Coleman, N., Goldsby, T., Hasson, R., Hooker, S., Marquez, & Conroy, M. (2022). Exercise is Medicine for Underserved and Vulnerable Populations: Factors Influencing Implementation. *Translational Journal of the American College of Sports Medicine*, 7(2), e000196. doi: 10.1249/TJX.0000000000000196

Falcon, A., **Vermeesch, A.**, Stoutenberg, M., Sampson, E., Bender-Stephanski, M., Webb, W., & Woo, Y. (2022). Inclusion of Physical Activity in Nurse Practitioner Programs: A National Perspective. *Journal of the American Association of Nurse Practitioners* 34(5), 711-719.

Bates, L. C, Conners, R., Zieff, G., Adams, N. T., Edgar, K. M., Stevens, S., Faghy, M. A., Arena, R., **Vermeesch, A.**, Joseph, R., Keith, N., & Stoner, L. (2022). Physical Activity and Sedentary Behavior in People with Spinal Cord Injury: Mitigation Strategies During COVID-19 on Behalf of ACSM-EIM and HL-PIVOT. *Disability and Health Journal*, 15(1), 101177. <https://doi.org/10.1016/j.dhjo.2021.101177>

Braband, B., Pressman, C., & **Vermeesch, A.** (2022). Piloting the Perfect Storm: A Vision for the Vital Practitioner. *Journal of Nursing Education*, 61(1), 46-49 <https://doi.org/10.3928/01484834-20211203-04>

- Raber, A. & **Vermeesch, A.** (2022). Participatory Arts-Based Pedagogy in Baccalaureate Nursing Education. *Nursing Education Perspectives*: 43(1), 51-52. doi: 10.1097/01.NEP.0000000000000763
- Lassalle, P. P., Meyer, M., Conners, R., Zieff, G., Rojas, J., Faghy, M. A., Arena, R., **Vermeesch, A. L.**, Joseph, R. P., & Stoner, L. (2021) Targeting Sedentary Behavior in Minority Populations as a Feasible Health Strategy During and Beyond COVID-19: On Behalf of ACSM-EIM and HL-PIVOT, *Translational Journal of the ACSM*: Fall 2021 - Volume 6 - Issue 4 - e000174 doi: 10.1249/TJX.0000000000000174
- Timko Olson, E. R., Hansen, M. M., & **Vermeesch, A.** (2020). Mindfulness and Shinrin-yoku: Potential for Physiological and Psychological Interventions During Uncertain Times. *International Journal of Environmental Research and Public Health*, 17(24), 9340. <https://doi.org/10.3390/ijerph17249340>
- Wyss, H., & **Vermeesch, A.** (2019). Building Resilience, Health, and Wellness for Undergraduate Nursing Students Beyond Title IX and Early Alert Programs. *Archives of Women Health and Care*, 2(3), 1-2. DOI: 10.31038/AWHC.2019232
- Wyss, H., & **Vermeesch, A.** (2019). Inappropriate Patient Sexual Behavior in Nursing Education. *Archives of Women Health and Care*, 2(1), 1-1. DOI: 10.31038/AWHC.2019212
- Williams, W., **Vermeesch, A.**, & MacLean, L. (2019). Factors Associated with Black & Latina Women Meeting the US Federal Physical Activity Guidelines: Secondary Analysis of NHIS Data. *Archives of Women Health and Care*, 1(4), 2-7. DOI: 10.31038/AWHC.2018135
- Vermeesch, A.**, Cox, P., Baca, S., & Simmons, D. (2018). Strategies for Strengthening Ethics Education in a DNP Program. *Nursing Education Perspectives*, 39(5), 309-311. doi: 10.1097/01.NEP.0000000000000383
- De Cordova, P., Steck, M. B., **Vermeesch, A.**, Pierre, N., Ohlendorf, J., Rankin, A., Lawrence, S., & Derouin, A. (2018). Health Policy Engagement Among Graduate Nursing Students in the United States. *Nursing Forum*, 1-6. doi: 10.1111/nuf.12295
- Stillwell, S., **Vermeesch, A.**, & Scott, J. (2017). Interventions to Reduce Perceived Stress Among Graduate Students: A Systematic Review with Implications for Evidence-based Practice. *Worldviews on Evidence-Based Nursing*, 00, 1-7. doi 10.1111/wvn.12250
- Kanthawala, S., **Vermeesch, A.**, Given, B. & Huh, J. (2016). Answers to Health Questions: Internet Search results Versus Online Health Community Responses. *J Med Internet Res* 2016;18(4):e95. doi: 10.2196/jmir.5369
- Vermeesch, A.**, Barber, H., Howard, L., Payne, K., & Sachash, C. (2016). Road Less Traveled: Stresses and Coping Strategies of Nursing Students. *Nurse Educator*, 41(3), 117. doi:10.1097/NNE.0000000000000224

- Vermeesch, A.**, Ling, J., Voskuil, V., Bakhoya, M., Wesolek, S., Bourne, K., Pfeiffer, K., & Robbins, L. (2015). Biological and Sociocultural Differences in Perceived Barriers to Physical Activity Among 5th– 7th Grade Urban Girls. *Nursing Research*, *64*(5), 342-350. doi: 10.1097/NNR.0000000000000113
- Vermeesch, A.**, & Stommel, M (2014). Physical Activity and Acculturation Among U.S. Latinas of Child-bearing Age. *Western Journal of Nursing Research*. *36*(4), 496-512. doi: 10.1177/0193945913507341
- Robbins, L. B., Pfeiffer, K. A., **Vermeesch, A.**, Resnicow, K., You, Z., An, L., and Wesolek, S. (2013). “Girls on the Move” Intervention Protocol for Increasing Physical Activity Among Low-active Underserved Urban Girls: a Group Randomized Trial. *BMC Public Health*, *13*(474), 1-12. doi: 10.1186/1471-2458-13-474
- Vermeesch, A.**, Gonzalez-Guarda, R., Hall, R. F., McCabe, B., Cianelli, R. & Peragallo, N. (2013). Predictors of Depressive Symptoms among Community Dwelling Adult Hispanic Women. *Western Journal of Nursing Research*, *35*(10), 1325-1338. doi: 10.1177/0193945913496152. NIHMSID: NIHMS535785
- De Santis, J. P., Florom-Smith, A., **Vermeesch, A. L.**, and Barroso, S. (2013). Motivation, Management, and Mastery: A Theory of Resilience in the Context of HIV Infection. *Journal of the American Psychiatric Nurses Association*, *19*(1), 36-46. doi: 10.1177/1078390312474096
- Gonzalez-Guarda, R., McCabe, B., **Vermeesch, A.**, Cianelli, R., Peragallo, N., and Florom-Smith, A. (2013). Cultural Phenomena and the Syndemic Factor: Substance Abuse, Violence, HIV and Depression Among Hispanic Women. *Annals of Anthropological Practice*, *36*(2), 212-231. doi: 0.1111/napa.12001
- Gonzalez-Guarda, R., **Vermeesch, A.**, Florom-Smith, A., McCabe, B. Peragallo, N., and Cianelli, R. (2013). Birthplace, Culture, Self-esteem and Intimate Partner Violence Among Community Dwelling Hispanic women. *Violence Against Women*, *19*(1), 6-23. doi: 10.1177/1077801212475336
- De Santis, J. P., Arcia, A., **Vermeesch, A. L.**, and Gattamorta, K. A. (2011). Using Structural Equation Modeling to Identify Predictors of Sexual Behaviors Among Hispanic Men Who Have Sex With Men. *Nursing Clinics of North America*. *46*: 233-248. doi: 10.1016/j.cnur.2011.02.010
- McCabe, B. E., **Vermeesch, A. L.**, Hall, R. F., Peragallo, N. P., and Mitrani, V. B. (2011). Acculturation and the Center for Epidemiological Studies - Depression Scale for Hispanic Women. *Nursing Research*. *60*(4): 270-275. doi:10.1097/NNR.0b013e318221b8dc

Kusterbeck, S. (2018). Students Unable to Identify Ethical Dilemmas. *Medical Ethics Advisor*, 34(12), 141-141. Source: **Vermeesch, A.** & Cox, P

Vermeesch, A., Gonzalez-Guarda, R., Cianelli, R., and Peragallo, N. (2010). Predictors of Depressive Symptoms among Hispanic Women in South Florida. *21st International Nursing Research Congress Focusing on Global Diversity through Research, Education and Evidence-Based Practice/Sigma Theta Tau International Proceedings*

Vermeesch, A. (2010). Psychological Factors of Physical Activity Among Hispanic Women: A Systematic Literature Review. *21st International Nursing Research Congress Focusing on Global Diversity through Research, Education and Evidence-Based Practice/Sigma Theta Tau International Proceedings*

Vermeesch, A. (2009). Culturally Sensitive Images as an Effective Means of Health Promotion Among Homeless Latino/Hispanic Men. *20th International Nursing Research Congress Focusing on Evidence- Based Practice/Sigma Theta Tau International Proceedings*

Presentations

Refereed Presentations

International

Cheng, S., Abookire, S., & **Vermeesch, A.** (2024) “*Novel Applications of Nature-based Interventions to Promote Whole-person and Planetary Health*” has been accepted for presentation at the 2024 International Congress on Integrative Medicine and Health in Cleveland, OH, USA on April 9-13, 2024.

Adams, N. T., Bates, L. C., Conners, R., Zieff, G., Edgar, K. M., Stevens, S., Faghy, M. A., Arena, R., **Vermeesch, A.**, Joseph, R. P., Keith, N., Martin Ginis, K. A., & Stoner, L. (2022) *A configurative review of physical activity and sedentary behavior modifiers for people with spinal cord injury during COVID-19 and recommendations for promoting healthy behaviors.* Poster presentation at International Spinal Cord Society Annual Scientific Meeting. Vancouver, BC. September 15-18, 2022.

Garrigues, L., **Vermeesch, A.**, & Mattes, K. (2022). *Nature-Based Intervention Study: Finding Enduring Revitalization in Nature Among Undergraduate Senior Nursing students*, in-person PechaKucha presentation at Sigma Theta Tau International's 33rd International Nursing Research Congress, Edinburgh, Scotland, July 21-25, 2022.

Vermeesch, A., Braband, B. & Pressman, C. (2021). *The Vital Practitioner: An Interprofessional Evidence-based Framework for Understanding, Mitigating, And Treating Compassion Fatigue.* Podium presentation at Creating Health Work Environments 2021, Sigma Conference, Austin, TX, USA, February 20, 2021* **Conference provided virtually due to COVID-19**

Wyss, H., **Vermeesch, A.**, & Scanlon, K. (2021). *Prevalence of and Coping Strategies for Inappropriate Patient Sexual Behavior in American Nursing Baccalaureate Education*

Continued Building Resilience, Health, and Wellness, Poster presentation at The Eleventh International Conference on Health, Wellness and Society Universite De La Sorbonne, Paris, France, September 2-3, 2021.

Wyss, H., & **Vermeesch, A.** (2020). *Prevalence of and Coping Strategies for Inappropriate Patient Sexual Behavior (IPSB) in American Nursing Baccalaureate Education*, Poster presentation at The Tenth International Conference on Health, Wellness and Society Universite De La Sorbonne, Paris, France, September 3-4, 2020 ***Conference provided virtually due to COVID-19**

Vermeesch, A., Raber, A., & Mood, L. (2019). *Participatory Arts-Based Pedagogy in Baccalaureate Nursing Education*, Podium presentation at Sigma Theta Tau International's 30th International Nursing Research Congress, Calgary, Canada, July 25-29, 2019.

Cox, P., Potter, P., **Vermeesch, A.**, & Stillwell, S. (2019). *Effect of Mindfulness on Perceived Stress by Graduate Nursing Students*, Podium presentation at 3rd International Integrative Nursing Symposium, Galway, Ireland, May 22-24, 2019.

Vermeesch, A., Stillwell, S., & Scott, J. (2018). *Mind-body-stress-reduction Interventions to Reduce Perceived Stress among Graduate Nursing Students*, Podium presentation at 2nd International Conference on Nursing Science and Practice, London, United Kingdom, August 6-8, 2018.

Vermeesch, A., Moorman, M., Mocerri, J., & Stragnell, S. (2018). *Participatory Visual Thinking Strategies in Baccalaureate Nursing Education: Impact of Using Art to Define Family*, Podium presentation at Sigma Theta Tau International's 29th International Nursing Research Congress, Melbourne, Australia, July 19-23, 2018.

Vermeesch, A., & Auxier, N. (2018). *Concept-Based Curriculum Methodologies*, Poster presentation at Nurse Education Today and Nurse Education Practice 7th International Nurse Education Conference, Banff, Canada, May 6-9, 2018.

Vermeesch, A., & Mayer, K. (2016). *Workplace Related Quality of Life: Effect of Available Recreation Facilities on Physical Activity and Nutrition*, Podium presentation at Sigma Theta Tau International's 27th International Nursing Research Congress, Cape Town, South Africa, July 21-25, 2016.

Mudd, L., & **Vermeesch, A.** (2015). *Perceptions about Having a Healthy Pregnancy and Gestational Weight Gain*, Poster presentation at 14th Meeting of International Society for Behavioral Nutrition and Physical Health, Edinburgh, Scotland, June 3-6, 2015.

Vermeesch, A. (2012). *Triangulating Methods in an Exploration of Exercise Motivators and Barriers Among Latinas*. Podium presentation at the XII Pan American Nursing Research Colloquium, Miami Beach, Florida, United States, September 5, 2012.

- De Santis, J.P., Florom-Smith, A.L., and **Vermeesch, A.L.** (2011). *Management and Mastery: A Grounded Theory Study of Resilience in the Context of HIV Infection*. Oral presentation. Sigma Theta Tau International, 22nd International Nursing Research Congress, Cancun, Mexico, July 11-14, 2011.
- Vermeesch, A.**, Gonzalez-Guarda, R., Peragallo, N., and Cianelli, R. (2010). *Cultura, VIH, y el Factor Sindemico: Comportamiento Riesgosos, Violencia y Depresión Entre Mujeres Hispanas* [Culture, HIV, and the Syndemic Factor: Risky Behaviors, Violence, and Depression Among Hispanic Women]. Podium presentation at III Encuentro Internacional de Autocuidado y Promoción de la Salud: Innovaciones Interdisciplinarias en VIH y SIDA, Santiago, Chile, December 2-3, 2010.
- Vermeesch, A.**, Gonzalez-Guarda, R., Cianelli, R., and Peragallo, N. (2010). *Predictors of Depressive Symptoms Among Hispanic Women in South Florida*, Podium presentation. 21st International Nursing Research Congress Focusing on Global Diversity through Research, Education and Evidence-Based Practice/Sigma Theta Tau International, Orlando, Florida, USA, July 12-16, 2010.
- Vermeesch, A.** (2010). *Psychological Factors of Physical Activity Among Hispanic Women: A Systematic Literature Review*, Poster presentation. 21st International Nursing Research Congress Focusing on Global Diversity through Research, Education and Evidence- Based Practice/Sigma Theta Tau International, Orlando, Florida, USA, July 12-16, 2010.
- Vermeesch, A.** Gonzalez-Guarda, R., Cianelli, R., and Peragallo, N. (2010). *Understanding the Relationship Between Cultural Factors and Substance Abuse, Violence and Risk for Sexually Transmitted Infections: A Syndemic Approach*. Poster presentation. International Council on Women's Health Issues (ICOWHI)'s 18th Congress entitled, "Cities and Women's Health: Global Perspectives" Philadelphia, Pennsylvania, USA, April 7-10, 2010.
- Vermeesch, A.**, Gonzalez-Guarda, R., Cianelli, R., and Peragallo, N. (2009). *Cultural Factors Associated with Intimate Partner Violence Among Hispanic Women*, Poster presentation. 16th International Conference of the Nursing Network on Violence Against Women International, Coral Gables, Florida, USA, October 1, 2009.
- Vermeesch, A.** (2009). *Culturally Sensitive Images as an Effective Means of Health Promotion Among Homeless Latino/Hispanic Men*, Podium presentation. 20th International Nursing Research Congress Focusing on Evidence-Based Practice/Sigma Theta Tau International, Vancouver, British Columbia, Canada, July 14, 2009.
- Vermeesch, A.** (2009). *Concept analysis Health Promotion Among Patients with Diabetes Mellitus*, Poster presentation. 20th International Nursing Research Congress Focusing on Evidence-Based Practice/Sigma Theta Tau International, Vancouver, British Columbia, Canada, July 14, 2009.

- Vermeesch, A.L.,** Bacon, C., Vitagliano, & Johnston, A. (2023) Nature-Based Intervention Model to Reduce Nurses' Stress. Accepted for poster presentation at 50th American Academy of Nursing Health Policy Conference in Washington, DC, October 5-7, 2023.
- Vermeesch, A. L. & Wikler, M.** (2023) SHIFT Experience: Forest Bathing at Shevlin Park. Interactive Experience presented at SHIFT 2023: SHIFT Summit, in Bend, OR, September 11-14, 2023.
- Vermeesch, A. L.** (2023) Pleasures of Presence. Interactive presentation given at SHIFT 2023: SHIFT Summit Integrating Nature and Preventive Health for Humans and the Environment, in Bend, OR, September 11-14, 2023
- Vermeesch, A. L.,** Kisicki, A., & Timko Olson, E. (2023). Nature Engagement & Well-being Round Table Discussion Panel at the SHIFT 2023: SHIFT Summit Integrating Nature and Preventive Health for Humans and the Environment, in Bend, OR, September 11-14, 2023.
- Vermeesch, A. L.** (2023). Focus on Forest Bathing as a Nature-Based Intervention for Wellness Promotion. Presented for poster presentation at the SHIFT 2023: SHIFT Summit Integrating Nature and Preventive Health for Humans and the Environment, in Bend, OR, September 11-14, 2023.
- Timko Olson, E. & **Vermeesch, A.** (2022). *Nature-Based Interventions and Exposure Among Cancer Survivors: A Scoping Review*. Accepted for poster presentation at the SHIFT 2022: SHIFT Summit, in Fort Collins, CO, October 17-20, 2022.
- Vermeesch, A.,** Braband, B., Littzen, C., & Pressman, C. (2022) *Utilizing the Vital Practitioner Framework to Reduce Compassion Fatigue, Burnout, and Stress in Your Department*. Accepted for interactive virtual workshop at the Elon University 18th Annual Teaching & Learning Conference on Monday, June 6, 2022
- Stoner, L., **Vermeesch, A.,** Zieff, G., & Lassalle, P. (2022) *COVID-19 and Exercise is Medicine for Underserved Communities: Lessons Learned, Future Challenges and Recommendations*. Accepted for symposium presentation at the 2022 Annual Meeting, World Congress on the Basic Science of Exercise and Vascular Health in San Diego, CA, May 31-June 4, 2022
- Gibson-Young, L., Thomas, T., Hamilton, M., & **Vermeesch, A. L.** (2022). *Rewilding The Nursing Profession: A Call to Action*. Poster Presentation at 2022 National Academies of Practice Transforming Interprofessional Healthcare Annual Meeting & Forum, San Diego, CA, March 3-5, 2022.
- Vermeesch, A., & Braband, B.** (2021). *Enhancing Vital Practice in a School of Nursing*. Podium presentation at the 2021 Virtual Northwest Center for Occupational Health and Safety Conference, Seattle, WA, October 22, 2021.

- Auxier N., Fuentes D. G., Mocerri J., Shillam C., **Vermeesch A.**, & Wyss H. (2021). *A Policy Summit Approach for Developing a Values-based Strategy to Evaluate Academic Policies*. Virtual AACCP Meeting. Audience Pharmacy Educators. June, 2021
- Timko Olson, E. & **Vermeesch, A.** (2020) *An Innovative Research Design: A Nature-Based Intervention to Decrease Stress and Anxiety and Improve Spirituality, Resilience and Well-Being in Undergraduate Nursing Students*, Poster presentation at the 2020 SHIFT Summit, Healthy by Nature: Equity, Access and the Mental Health Benefits of Time Outside, Jackson, WY, October 14-16, 2020* ***Conference provided virtually due to COVID-19 pandemic**
- Vermeesch, A.** & Cox, P. (2020). *Clinical App Use Among Nurse Practitioners in Oregon*. Poster presentation at 43rd Annual Nurse Practitioners of Oregon Education Conference Online*, Oct. 16-17, 2020 ***Conference online due to COVID-19 pandemic**
- Vermeesch, A.**, Bender-Stephanski, M., Sampson, E., Stoutenberg, M., Webb, W., Woo, Y., & Falcon, A. (2020). *Investigation of Physical Activity Instruction in United States Nurse Practitioner Curricula*. Free Communications/Poster at 2020 Annual Meeting, World Congress on Exercise is Medicine®, and World Congress on the Basic Science of Exercise in Regenerative Medicine of the American College of Sports Medicine, San Francisco, CA, May 26-30, 2020* ***Conference cancelled due to COVID-19 pandemic**
- Vermeesch, A.**, & Cox, P. (2020). *A Prenatal Simulation-Based Educational Experience for DNP-FNP Students*. Poster Presentation at Western Institute of Nursing's 53rd Annual Communicating Nursing Research Conference, Portland, Oregon, United States, April 15-18, 2020* ***Conference cancelled due to COVID-19 pandemic**
- Sampson E, Stoutenberg M, **Vermeesch A**, Bender-Stephanski M, Woo Y, Falcon A. *An Examination of Physical Activity Content in Nurse Practitioner Programs*. Poster presentation at American Public Health Association Annual Meeting and Expo – “Creating the Healthiest Nation: For science. For action. For health.” Philadelphia, PA, November 2-6, 2019.
- Vermeesch, A.** & Cox, P. (2019). *Tips and trends in Clinical Apps for Nurse Practitioners: Braving the Digital World and Knowing Your Resources*. Podium presentation at 42nd Annual Nurse Practitioners of Oregon Education Conference in Eugene, OR, Oct. 16-19, 2019
- Wyss, H., & **Vermeesch, A.** (2019). *Stressors & Coping Strategies Unique to Undergraduate Nursing Students Based on Adult Attachment Style*. Podium presentation at Oregon Nursing Research & Quality Consortium 10th Annual Oregon Nursing Research & Quality Consortium conference, Portland, OR, April 15, 2019
- Wyss, H., & **Vermeesch, A.** (2019). *Prevalence of and Coping Strategies for Inappropriate Patient Sexual Behavior in Nursing Baccalaureate Education*. Poster presentation at Oregon Nursing Research & Quality Consortium 10th Annual Oregon Nursing Research & Quality Consortium conference, Portland, OR, April 15, 2019

- Vermeesch, A. & Cox, P.** (2018). *How to Balance Graduate School and Life*. Podium Presentation at 41st Nurse Practitioners of Oregon Conference in Portland, OR, October 10-13, 2018
- Vermeesch, A.** (2018). Minority Health Special Interest Group Presenter, *Expanding EIM in Underserved Populations in the Next Decade: Tools, Resources, and Best Practices in EIM in Action in Diverse and Underserved Communities: Lessons Learned and Resources for Next Decade of EIM* was accepted for presentation as Exercise is Medicine ® Symposium at the 2018 Annual Meeting, World Congress on Exercise is Medicine®, and World Congress on The Basic Science of Muscle Hypertrophy and Atrophy in Minneapolis, MN, May 29-June 2, 2018
- Barber, H., **Vermeesch, A.**, Fenner, S., & McDonagh, L. (2018). *Road Less Traveled: Stressors & Coping Strategies of Undergraduate Nursing Students*. Poster presentation at Western Institute of Nursing's 51th Annual Communication Nursing Research Conferences, Spokane, WA, April 11-14, 2018
- Vermeesch, A.**, Chavez-Yenter, D.A., Larson, W. (2017). *Physical Activity Regulation and Habits of Childbearing Latinas*, Poster presentation at University of Portland Summer Research Poster Session, Portland, OR, November 1, 2017
- Stillwell, S., **Vermeesch, A.**, and Scott, J. (2017). *Interventions to Reduce Perceived Stress Among Graduate Students: A Systematic Review*. Poster presentation at Western Institute of Nursing's 50th Annual Communication Nursing Research Conferences, Denver, CO, April 19-22, 2017
- Vermeesch, A.**, Cox, P. H., Simmons, D., and Baca, S. (2017). *Strategies for Strengthening Ethics Education in a Doctor of Nursing Practice Program*. Poster presentation at Western Institute of Nursing's 50th Annual Communication Nursing Research Conferences, Denver, CO, April 19-22, 2017
- Williams, W., MacLean, L., and **Vermeesch, A.** (2017). *Factors Associated with Black Women Meeting Physical Activity Guidelines: Secondary Analysis of NHIS Data*. Podium presentation at Eastern Nursing Research Society 29th annual conference, Philadelphia, PA, April 5-7, 2017
- Cox, P. H., **Vermeesch, A.**, Simmons, D., and Baca, S. (2017). *The Use of Faculty-Student Teams to Strengthen the Ethics Content in a DNP Program*. Poster presentation at American Association of Colleges of Nursing's 2017 Doctoral Education Conference, Coronado, CA, January 19-21, 2017
- Mayer, K., and **Vermeesch, A.** (2016). *Lessons Learned in Conducting Community-engaged Nursing Research at a Private, Teaching-Intensive Institution*, Podium presentation at 144th Annual Meeting & Exposition of the American Public Health Association, *Creating the Healthiest Nation: Ensuring the Right to Health*, Denver, CO, November 02, 2016

Vermeesch, A., Williams, W. and MacLean, L. (2016). *Physical Activity Trends Among Minority Women*, Poster presentation at National Association of Nurse Practitioners in Women's Health's 19th annual conference, New Orleans, LA, September 28 – October 1, 2016

MacLean, L., Williams, W., and **Vermeesch, A.** (2016). *Correlations Between BMI, Acculturation, and the US Department of Health and Human Services 2008 Physical Activity Guidelines in Latinas*, podium presentation at 7th Annual Latino Health Equity Conference, Portland, OR, June 2016

Vermeesch, A., and Mayer, K. (2016). *Valuable Lessons Learned in Conducting Research at New Institutions*, Poster presentation at Western Institute of Nursing's 49th Annual Communicating Nursing Research Conference, Anaheim, CA, April 6-9, 2016

Kanthawala, S., VanDam, C., Given, B., Chai, J., **Vermeesch, A.**, Huebner, M., Crowley, J., Pratt, W., and Huh, J. (2015). *Question Types in Online Health Communities*, Poster presentation at the American Medical Informatics Association Annual Symposium, San Francisco, CA, November 14-18, 2015

Vermeesch, A., Chavez-Yenter, D.A. (2015). *Childbearing Latinas physical activity regulation & habits*, Poster presentation at American College of Sports Medicine Northwest Chapter Annual Meeting, Bend, OR, February 27, 2015

Vermeesch, A. (2014). *Well I never have time to ... I have kids and work: Using participatory photography to explore Latinas' beliefs and cultural views of exercise*, Poster presentation at 5th Annual Latino Health Equity Conference, Portland, OR, June 13, 2014

Robbins, L. B., Kazanis, A., Pfeiffer, K., Merckling, D., **Vermeesch, A.**, Ling, J., Wesolek, S., Bourne, K., and Kostin-McGill, A. (2014). *Barriers to Physical Activity Perceived by 5th-7th Grade Girls*, Poster presentation at Clinical Trials Awareness Day, Lansing, MI, June 4, 2014

Vermeesch, A. (2014). Minority Health Special Interest Group Presenter, *Preventive Care and the Affordable Care Act: Focus on Underserved/Diverse Populations* in tutorial lecture *The Affordable Care Act and Impact on Exercise is Medicine in Underserved Populations* was accepted for presentation as tutorial lecture at the 2014 Annual Meeting, 5th World Congress on Exercise is Medicine, and World Congress on the Role of Inflammation in Exercise, Health, and Disease in Orlando, FL, May 27-31, 2014

Vermeesch, A. (2014). Minority Health Special Interest Group Presenter, *Motivational Interviewing to Increase Physical Activity and Reduce Sedentary Behavior* in tutorial lecture *Too Little Exercise, Too Much Sitting: Interventions for Multiethnic Population* was accepted for presentation as tutorial lecture at the 2014 Annual Meeting, 5th World Congress on Exercise is Medicine, and World Congress on the Role of Inflammation in Exercise, Health, and Disease in Orlando, FL, May 27-31, 2014

- Robbins, L. B., Kazanis, A., Pfeiffer, K., Merckling, D., **Vermeesch, A.**, Ling, J., Wesolek, S., Bourne, K., and Kostin-McGill, A. (2014). *Barriers to Physical Activity Perceived by 5th-7th Grade Girls*, Poster presentation at Society of Behavioral Medicine 35th Annual Meeting & Scientific Sessions in Philadelphia, Pennsylvania, April 23-26, 2014
- Vermeesch, A.** and Stommel, M. (2013). *Obesity, Physical Activity and Acculturation among U.S. Latinas*, Podium presentation at Midwestern Nursing Research Society 37th Annual Research Conference in Chicago, Illinois, March 7-10, 2013
- Vermeesch, A.** (2012). *Participatory Photography Methodology Employment to Increase Understanding of Latinas' Exercise Motivators and Barriers*, Podium presentation at 140th Annual Meeting & Exposition of the American Public Health Association, San Francisco, California, October 30, 2012
- Vermeesch, A.**, and Peragallo, N. (2012). *Relationship Between Exercise Motivation Types, Self-determination and Acculturation Among Latinas*, Podium presentation at the Council for the Advancement of Nursing Science 2012 State of the Science Congress on Nursing Science, Washington, DC, September 13-15, 2012
- McCabe, B., **Vermeesch, A.**, Hall, R., Peragallo, N., and Mitrani, V. (2012). *Does Acculturation of Hispanic Women Influence Item Response on the CES-D?*, Poster presentation at the Council for the Advancement of Nursing Science 2012 State of the Science Congress on Nursing Science, Washington, DC, September 13-15, 2012
- Vermeesch, A.**, (2012). *Measuring Exercise in Latinas Using Surveys, Exercise Logs, and Pedometers*, Podium presentation. Midwestern Nursing Research Society 36th Annual Research Conference in Dearborn, Michigan, April 12-15, 2012
- Vermeesch, A.**, (2012). *Discordance Between Self-report and Actual Exercise Among Americanized Latinas*, Poster presentation. Women's Health 2012: The 20th Annual Congress, Washington, DC, March 17, 2012
- Vermeesch, A.**, Gonzalez-Guarda, R., Cianelli, R., and Peragallo, N. (2010). *Predictors of Depressive Symptoms Among Hispanic Women in South Florida*, Podium presentation at 4th Annual South Florida Research Consortium Conference, Miami, Florida, October 22, 2010
- Vermeesch, A.**, Gonzalez-Guarda, R., Cianelli, R., and Peragallo, N. (2010). *Cultural Factors Associated with Intimate Partner Violence Among Hispanic Women*, Poster presentation. 4th Annual South Florida Research Consortium Conference, Miami, Florida, October 22, 2010
- Vermeesch, A.** (2010). *Psychological Factors of Physical Activity Among Hispanic Women: A Systematic Literature Review*, Poster presentation. 4th Annual South Florida Research Consortium Conference, Miami, Florida, October 22, 2010
- Vermeesch, A.** Gonzalez-Guarda, R., Cianelli, R., and Peragallo, N. (2010). *Understanding the Relationship Between Cultural Factors and Substance Abuse, Violence and Risk for Sexually*

Transmitted Infections: A Syndemic Approach, Poster presentation. 4th Annual South Florida Research Consortium Conference, Miami, Florida, October 22, 2010

Vermeesch, A. (2009). *Culturally Sensitive Images as an Effective Means of Health Promotion Among Homeless Latino/Hispanic Men*, Podium presentation. 3rd Annual South Florida Research Consortium Conference, Miami, Florida, October 16, 2009

Vermeesch, A. (2009). *Concept Analysis Health Promotion among patients with Diabetes Mellitus*, Poster presentation. 3rd Annual South Florida Research Consortium Conference, Miami, Florida, October 16, 2009

Invited Presentations

Vermeesch, A., (2019). Panelist for, “Guiding Initiatives for Doctoral Education (GUIDE) to Degree program Workshop,” Oregon Health & Science University, Portland, OR, September 13, 2019

Vermeesch, A., Lee, H., Wilson-Anderson, K., & Braband, B. (2018). Panelist for, “Nursing Abroad Panel,” University of Portland, Portland, OR, January 22, 2018

Vermeesch, A., & Mayer, K. (2017). Round Table Speaker, “The impact of the policy brief on Public Health Nursing,” Public Health Nursing Conference, University of Portland, Portland, OR, May 15, 2017

Vermeesch, A., (2015). *Health Disparities Research*, presented at University of Portland Faculty Research Day. Also, served as Chair of Immigration section. Portland, OR, January 8, 2015

Ward, M., Conroy, M. B., N., **Vermeesch, A.**, & Coleman, N. (2014). Minority Health Special Interest Group Tutorial Lecture Organizers, *The Affordable Care Act and Impact on Exercise is Medicine in Underserved Populations* was accepted for presentation as tutorial lecture at the 2014 Annual Meeting, 5th World Congress on Exercise is Medicine, and World Congress on the Role of Inflammation in Exercise, Health, and Disease in Orlando, FL, May 27-31, 2014

Hamilton, M., Hasson, R., Swift, D. & **Vermeesch, A.** (2014). Minority Health Special Interest Group Tutorial Lecture Organizers, *Too Little Exercise, Too Much Sitting: Interventions for Multiethnic Populations* was accepted for presentation as tutorial lecture at the 2014 Annual Meeting, 5th World Congress on Exercise is Medicine, and World Congress on the Role of Inflammation in Exercise, Health, and Disease in Orlando, FL, May 27-31, 2014

Daramola, O. (chair), Eldeirawi, K. (Co-Chair Elect), & **Vermeesch, A. (Co-Chair Elect)**, (2014). Health of Diverse Populations Research Section Competitive Symposium Organizers, *State of the Science: Health of Diverse Populations* accepted for Midwestern Nursing Research Society 38th Annual Research Conference in St. Louis, MO, March 27-30, 2014

- Vermeesch, A.** (2014). MSU Faculty Grand Rounds Presentation *Physical Activity in Latinas: Pearls for Clinicians*, presented on March 20, 2014, MSU, East Lansing, MI
- Vermeesch, A.** (2013). Facilitator for the Community Meeting *Health Care Reform & How it Affects You, Affordable Care Act* presentation sponsored by the Lansing Latino Health Alliance, Cristo Rey Church, East Lansing, MI
- Vermeesch, A.** (2013, November). *Being a Nurse Researcher*. Invited to present to CON Nurse Scholar students by Office of Student Support Services. The Scholars are students who have been offered a conditional seat in the Traditional BSN program, based on the quality and caliber of their high school record
- Vermeesch, A.,** Smania, M. (2013, November). *Advanced Practice Nursing*. Invited to present to sophomore nursing students involved in the Overcoming Educational Barriers by Associate Dean-Management, Dr. Terry Viau
- Vermeesch, A.** (2013). Facilitator for the *Chronic Disease Discussion Table* at the 3rd Annual Hispanic Women in Network Latina Summit in collaboration with the 20th Annual Día de La Mujer, East Lansing, MI
- Gonzales, M., Santiago Rivera, O., Valle, L., **Vermeesch, A.** (2013, March). Health Panel/Panel de Salud for *Engaging in the Community for Reform: Nuestras familias, nuestros hogares, nuestras voces* Lansing, MI
- Marizel, D., Santiago Rivera, O., González, A., **Vermeesch, A.** (2013, February). *Lansing Latino Health Alliance Heart Health Community Charlas* to educate the lay community regarding hearth health
- Vermeesch, A.,** Cook, M. J. (2011, 2012, November). *Advanced Practice Nursing*. Invited to present to sophomore nursing students involved in the Overcoming Educational Barriers by Associate Dean-Management, Dr. Terry Viau
- Vermeesch, A.** (2012, October) *Physical Activity in Latinas*. Research presentation for junior faculty and doctoral students for Michigan State University College of Nursing Research Center, East Lansing, MI
- González, A., González, L., Hernández-Patino, O., Polack, L., Ruffin, L., Valle, L., **Vermeesch, A.** Hispanic Heritage Month Health (2012, September). *Healthy Hispanics! Community Health Panel*. Panel member at event sponsored by Lansing Latino Health Alliance, The Hispanic/Latino Commission of Michigan, and Sparrow Health System, Lansing, MI

AWARDS & HONORS

Fellow of the American Association of Nurse Practitioners	2023
Fellow of the National League of Nursing Academy of Nursing Education	2022
University of Portland, Provost's Initiative for Undergraduate Research Collaboration Award for <i>Nature Therapy Effects on Nurse Practitioners</i>	2021

Stress, Summer 2021. Total award: \$5,400. Co-PIs – Drs. Layla Garrigues and Vermeesch, Student: Kira Mattes

University of Portland, Butine Award, **Vermeesch, A.** Conference Funding to attend American College of Medicine's 68th Annual Meeting, June 1-5, 2021. Total award: \$525***Conference virtual due to COVID-19 pandemic** 2021

Distinguished Practitioner and Fellow of the National Academies of Practice (NAP) in Nursing 2021

Fellow of the American College of Sports Medicine 2020

University of Portland, Butine Award, **Vermeesch, A.** Conference Funding to Present “*Investigation Of Physical Activity Instruction In United States Nurse Practitioner Curricula,*” Poster presentation at American College of Medicine's 67th Annual Meeting, San Francisco, CA, May 26-30, 2020 Total award: \$2000***Conference cancelled due to COVID-19 pandemic** 2020

Dundon-Berchtold Institute Ethics Curriculum Fellowship 2019-2020 for **Vermeesch, A.** & Cox, P. “Incorporating Ethics into Graduate Nursing Clinical Management Courses.” University of Portland Total award: \$10,000 2019

University of Portland, Butine Award, **Vermeesch, A.** Conference Funding to Present “Participatory Arts-Based Pedagogy in Baccalaureate Nursing Education,” Podium presentation at Sigma Theta Tau International's 30th International Nursing Research Congress, Calgary, Canada, July 25-29, 2019 and “Effect of mindfulness on perceived stress by graduate nursing students,” Podium presentation at 3rd International Integrative Nursing Symposium, Galway, Ireland, May 22-24, 2019 Total award: \$2000 2019

University of Portland, Misener Fund for Innovation, **Vermeesch, A.** Conference Funding to Present Participatory Visual Thinking Strategies in Baccalaureate Nursing Education: Impact of Using Art to Define Family Sigma Theta Tau 29th International Nursing Research Congress Melbourne, Australia 19-23 July 2018. Total award: \$2339 2018

University of Portland, Misener Fund for Innovation, **Vermeesch, A.** Completion of University of Arizona College of Nursing Integrative Nursing Faculty Fellowship May 2018 through June 2019. Fellows transform teaching pedagogy and serve as an integrative health leader for fellow nurse educators, students, and clients. Total award: \$6750 2018

University of Portland, Butine Award, Vermeesch, A. Conference Funding to Present “Participatory Visual Thinking Strategies in Baccalaureate 2018

Nursing Education: Impact of Using Art to Define Family.” Sigma Theta Tau 29th International Nursing Research Congress Melbourne, Australia 19-23 July 2018. Total award: \$2000

Opus Prize University of Portland Faculty Ambassador (one of three). The Opus Prize Foundation, a non-profit organization, sponsors the Opus Prize, an annual, faith-based humanitarian award recognizing an individual internationally and domestically who are addressing persistent and pressing social problems within their communities. Annually, the Opus Prize Foundation chooses a Catholic university to serve as its partner in selecting the Opus Prize laureates and finalists. The award is one of the world’s largest faith-based awards for social entrepreneurship, composed of one \$1 million award and two \$100,000 prizes. The student and faculty ambassadors will accompany members of the Opus Prize foundation board on site visits Spring 2018 to the communities of three Opus Prize finalists. 2018

University of Portland, Provost's Initiative for Undergraduate Research Collaboration Award for *Health Disparities in Vulnerable Populations Manuscript Experience: Exercise, Cultural Communication, and the Use of Multi-methods in Health Disparities Research*, Summer 2017. Total award: \$1,500 2017

University of Portland, Provost's Initiative for Undergraduate Research Collaboration Award for *Health Disparities in Vulnerable Populations Manuscript Experience: Exercise, Cultural Communication, and the Use of Multi-methods in Health Disparities Research*, Spring 2017. Total award: \$1,500 2017

University of Portland, Butine Award, **Vermeesch, A.** Conference Funding to Present *Interventions to Reduce Perceived Stress Among Graduate Students: A Systematic Review and Strategies for Strengthening Ethics Education in a Doctor of Nursing Practice Program* at the Western Institute of Nursing’s 50th Annual Communication Nursing Research Conference, April 2017. Total award: \$1,764 2017

Recipient, City of Morazon, Guatemala, Faith in Practice Participation 2017

Recipient, Faith in Practice, Village Wells 525, Award in Recognition of Bringing Healing to Guatemala 2017

Selected to participate in Sigma Theta Tau International’s Institute for Global Healthcare Leadership Inaugural Emerging Global Leader Institute, September 7-10, Washington, DC 2016

University of Portland, Butine Award, **Vermeesch, A.** Conference funding to present *Workplace Related Quality of Life: Effect of Available Recreation* 2016

<i>Facilities on Physical Activity and Nutrition</i> , Podium presentation at Sigma Theta Tau International's 27th International Nursing Research Congress, Cape Town, South Africa, July 21-25, 2016. Total award: \$2,000	
American Association of Colleges of Nursing Faculty Policy Fellow	2016
University of Portland Dexheimer Leadership Fellow as a Leadership Coach in the Franz Center Leadership Programs. Coaches work with students through their developmental leadership journey as part of the Leadership Certificate Program and the Faith-Based Leader Program.	2015 – 2021
Selected to participate in the Oregon Nurses Association (ONA)'s inaugural Nurses Leadership Institute (NLI). The NLI is designed to assist participant in gaining knowledge and skills for a leadership position in ONA focusing on advocating for the nursing profession.	2015
Dundon-Berchtold Institute Fellowship 2015 – 2016 for “Investigating Current Issues Prohibiting Doctor of Nursing Practice Graduate Students from Voicing Their Values During Ethical Dilemmas in the Clinical Environment.” University of Portland, Dundon-Berchtold Institute, \$2,500	2015
Marjorie Holmes Faculty Enrichment Award, Michigan State University College of Nursing, \$2,500	2013
Recipient of the 2010 Edith Anderson Leadership Education Grant to help support expenses associated with participating in the 21st International Nursing Research Congress in Orlando, Florida, 12-16 July 2010 for \$500	2010
Nominated to participate in the University of Miami's Preparing Future Faculty Seminar Program, nationally implemented curriculum covering such topics as conducting an academic job search. School of Nursing and Health Studies, University of Miami, Coral Gables, FL	2009
Graduate Assistantship, University of Miami, Coral Gables, FL, awarded a full tuition waiver and a stipend totaling approximately \$120,000	2008 – 2011
Specialty award for outstanding Family Nurse Practitioner student from Vanderbilt University	2006
AmeriSpan Medical Volunteer in Cordoba, Argentina for six weeks	2006
Sigma Theta Tau, International Honor Society of Nursing, Iota Chapter, inducted 05/06 transferred to Omicron Upsilon Chapter, 2014	2006
Recipient of the 2005 Tennessee Higher Education Committee Scholarship.	2005

Recipients commit to work in the state on TN for one year after graduation for \$10,000

Recipient of 2005-2006 Professional Nurse Traineeship Grant, a grant from the Division of Nursing from federal government through Vanderbilt University for \$4,500 2005

Recipient of 2004 - 2005 School of Nursing Dean's Fund from Vanderbilt University for \$4,000 2004

AmeriCorps Member Advisory Council for AmeriCorps National Service 2002 – 2003

Inducted into Who's Who Among Students in American Universities & Colleges [maiden name: Worrell] 2001

Recipient of Dean Rusk Program grant to travel to Mexico to photograph Davidson College students interacting and conducting community service in Guadalajara \$500 2000

COURSES TAUGHT

University of North Carolina- School of Nursing

<i>Graduate Level</i>		<i>Year</i>
NRS 713	Advanced Health Assessment and Diagnostic Reasoning. 3 credits, in-person	Fall 2023
NRS 713L	Advanced Health Assessment and Diagnostic Reasoning Skills Lab. 1 credit, in-person	Fall 2023
NRS 816	Integrated Clinical Management II for the Advanced Practice Nurse in Primary Care. 6 credits, in-person	Spring 2023
NRS 827	Analysis and Application of DNP Essentials: Organizational and Systems Leadership, Information Systems/Technology, Clinical Prevention, and Population Health. 3 credits, on-line	Fall 2023
NRS 898B&C	Applied Evidence-Based Practice & Translational Methods Project II & III. 1 credit, hybrid	Spring 2023
NRS 898D	Applied Evidence-Based Practice & Translational Methods Project IV. 1 credit, on-line	Fall 2023
<i>Undergraduate Level</i>		<i>Year</i>

NRS 662	DNP Scholarly Project III. 1 credit, On-line and in-person	Spring 2019
NRS 665	DNP Scholarly Project. 1 credit, On-line and in-person	Fall 2019, 2020, Spring 2020, 2021, 2022, Summer 2021
NRS 670	Management of Adults with Acute Conditions. 3 credits, On-line and in-person	Fall 2020
NRS 671	Management of Common Gender Specific Health Issues. 3 credits, On-line and in person	Spring 2018, 2019, 2020, 2021
NRS 674	Management of Adults and Older Adults with Chronic Conditions. 3 credits, On-line and in person	Fall 2021
NRS 681	Management of Common Gender Specific & Adolescent Health Conditions. 4 credits, On-line and in person	Spring 2022
NRS 685	Directed DNP Clinical for Post Master's NP Students I. 3 credits, On-line and in person	Fall 2018, 2019, 2020
NRS 686	Directed DNP Clinical for Post Master's NP Students II. 3 credits, On-line and in person	Spring 2019, 2020, 2021
NRS 691	Nursing Science and Ethics for Advanced Practice. 3 credits, On-line and in person	Summer 2017
NRS 691	DNP Scholarly Project. 1 credit, On-line and in-person	Spring 2018, 2019 Summer 2018 Fall 2018
NRS 691	Epidemiology and Clinical Prevention in Population Health. 3 credits, On-line and in person	Summer 2017
<i>Undergraduate Level</i>		<i>Year</i>
IHW 224	Integrative Health Promotion with Populations, 3 credits, On-line and in-person	Spring 2020
NRS 203	Life Processes Across the Lifespan. 3 credits, On-line and in-person	Summer 2017, London Study Abroad
NRS 316H	Population Health & Wellness Across the Lifespan (Honors). 3 credits, On-line	Fall 2021
NRS 402H	Project Development and Implementation (Honors). 2 credits, On-line	Fall 2021
NRS 403H	Project Development and Implementation (Honors). 1 credit, On-line	Spring 2022

NRS 414	Evidence-Based Nursing. 3 credits, On-line and in-person	Fall 2014, 2015
NRS 418	Nursing of Families. 2 credits, On-line and in-person	Fall 2016, 2017, 2018, 2019 Spring 2015, 2016, 2017, 2018, 2019
NRS 440	Social Justice & Population Health. 3 credits, On-line due to COVID-19 pandemic	Fall 2020
NRS 468	Clinical Capstone Project. 1 credit, in-person mentoring	Spring 2015, 2016, 2017
NRS 492	Research Foundations, 1 credit, On-line	Summer 2021
NRS 493	Undergraduate Research, 1 credit, in-person	Fall 2017, 2018, 2019, 2020 Spring 2017, 2018, 2019, 2020, 2021

Michigan State University – College of Nursing

Graduate Level

		Year
<i>NUR 807</i>	NUR 807: Clinical Decision Making, Section 741. 3 credits, Hybrid Class	Spring 2012
<i>NUR 820</i>	NUR 820: Health Assessment for Family, Section 741 and 737. 3 credits, Hybrid Class	Fall 2011, 2012, 2013

Undergraduate Level

		Year
<i>NUR 470</i>	NUR 470: Community and Population Health Nursing, Section 734. 4 credits, On-line and in-person.	Fall 2012, 2013 Spring 2012, 2014
<i>NUR 480</i>	NUR 480: Level IV Role Transition Seminar, 3 credits, In-person.	Fall 2013, Spring 2014, Summer 2014

New Program and Course Development

Summer 2020 Developed new course at the University of Portland School of Nursing in new Integrative Health and Wellness Program: IHW 326: Community Organizing II: Advanced Application for the undergraduate curriculum

Spring 2020 Developed new course at the University of Portland School of Nursing in new Integrative Health and Wellness Program: IHW 325: Community Organizing: Introduction for the undergraduate curriculum

Fall 2019 Developed new course at the University of Portland School of Nursing in new

Integrative Health and Wellness Program: IHW 325: Community Organizing:
Introduction for the undergraduate curriculum

2016-2018 Member, core faculty team, BSN curriculum revision from competency to concept-based

2015-2017 Member, core faculty team, DNP Program Course Restructure, University of Portland School Of Nursing

Guest Lectures

Facilitator and Guest Panelist for Professional Career as a nurse with a terminal degree for NUR 441: Future of Nursing: Graduate Education, Lorraine Robbins, PhD, RN, FNP-BC, Associate Professor 10/2013

Computer Assisted Qualitative Data Analysis Methods, NUR 670: Qualitative Methods in Qualitative Research, University of Miami School of Nursing and Health Studies, Coral Gables, FL, JoAnn Trybulski, PhD, APRN, BC, Associate Dean of Master's Programs and DNP Programs 02/2011

Health Disparities among Immigrants, NUR 305: Issues in Health Disparities using Elluminate Web conferencing system, University of Miami School of Nursing and Health Studies, Coral Gables, FL, Vivian Padron Fajardo, PhD, ARNP, FNP 02/2011

Pictorial Analysis in Research, NUR 670: Qualitative Methods, University of Miami School of Nursing and Health Studies, Coral Gables, FL, Elias Provencio-Vasquez, PhD, NP, FAAN, FAANP 04/2010

Factor Analysis, NUR 680: Measurement of Nursing Phenomenon, University of Miami School of Nursing and Health Studies, Coral Gables, FL, Victoria Mitrani, PhD 02/2010

Reliability, NUR 680: Measurement of Nursing Phenomenon, University of Miami School of Nursing and Health Studies, Coral Gables, FL, Victoria Mitrani, PhD 02/2010

Health Disparities among Immigrants, NUR 305: Issues in Health Disparities, University of Miami School of Nursing and Health Studies, Coral Gables, FL, Joseph De Santis, PhD, ARNP, ACRN 02/2010

Teaching Assistant

Faculty member and teaching assistant to Elaine Kauschinger, PhD, MS, ARNP, BC for University of Miami School of Nursing and Health Studies, Coral Gables, FL, NUR 628-01 Advanced Practice Nursing of Adult I. Duties include evaluation of students in clinical settings, site visits, student presentations of case studies, and bi-weekly on-line case 08 – 12/2010

postings by students using TyphonGroup Healthcare solutions- Nurse Practitioner Student Tracking system.

Teaching assistant for NUR 680: Measurement of Nursing Phenomenon, University of Miami School of Nursing and Health Studies, Coral Gables, FL, Victoria Mitrani, PhD. Responsibilities included aiding in creating and grading assignments. 01 – 05/2009

PEER REVIEWER ACTIVITIES

Reviewer for Journal of Nursing Measurement	2017 – Present
Reviewer for Journal of Health and Fitness	2017 – Present
Reviewer for BioMed Central Pediatrics	2017 – Present
Reviewer for American Journal of Preventive Medicine	2016 – Present
Reviewer for Ethnicity and Health	2016 – Present
Reviewer for Jones & Bartlett Learning	2016 – Present
Reviewer for the Journal of Public Health	2015 – Present
Reviewer for Journal of Holistic Nursing	2015 – Present
Reviewer for Clinical Nursing Research	2015 – Present
Reviewer for Qualitative Health Research	2014 – Present
Reviewer for Journal of Physical Activity and Health	2013 – Present
Reviewer for Human-Computer Interaction Papers and Notes Track	2013 – Present
Reviewer for Public Health Nursing	2013 – Present
Reviewer for The Journal for Nurse Practitioners	2012 – Present
Reviewer for American Journal of Public Health	2012 – Present
Reviewer for Western Journal of Nursing Research	2012 – Present

EXTERNAL REVIEW – ACADEMIC PROMOTION & TENURE

2019 – present External reviews for academic promotion and tenure for University of South Alabama College of Nursing

2019 – present External reviews for academic promotion and tenure for University of Alabama at Birmingham School of Nursing

2019 – present External reviews for academic promotion and tenure for Linfield College Department of Business

LEADERSHIP & SERVICE

University of North Carolina Greensboro Service

Task Force Chair for creation of Family Nurse Practitioner Concentration 2022 – 2023

School of Nursing (SON) Web Advisory Council 2022 – 2023

Equity Diversity and Inclusion core member for content development for SON Promotion and Tenure Guidelines 2022 – 2023

American Association of Colleges of Nursing (AACN) School of Nursing representative Fall Diversity Symposium	2022
<i>University of Portland Service</i>	
University of Portland Undergraduate Research Advisory Board	2021 – 2022
University of Portland Center for Teaching and Learning Task Force, founding member	2021 – 2022
University of Portland Presidential Advisory Committee on Information Technology	2020 – 2022
University of Portland Institutional Review Board	2020 – 2024
School of Nursing Founders Day Coordinators	2019
University of Portland World Citizen Committee	2018 – 2019
University of Portland Engage UP Leadership Sub-Committee	2018
University of Portland Presidential Advisory Committee on Health and Safety	2015 – 2018
<i>School of Nursing (SON Service)</i>	
Initiative for Vital Practice Committee, Co-Chair 2020, Founding member	2020 – 2022
University of Portland School of Nursing –Tenure Track Standards and Criteria for Promotion and Tenure – Core member of Revision Team	2019
Diversity, Equity, and Inclusion Committee	2019 – 2021
University of Portland member of SON Scholarship & Research Task Force	2017 – 2018
University of Portland member of SON Search & Screen Committee	2017 – 2017
University of Portland Core Team member for the SON Baccalaureate Curriculum Revision Committee	2016 – 2017
University of Portland representative for the SON Undergraduate Curriculum Committee	2016 – 2018
University of Portland representative for the SON Graduate Curriculum Committee Graduate Curriculum Committee Chair	2014 – 2022 2017 – 2021
University of Portland representative for the SON Graduate Faculty Committee	2014 – 2020

University of Portland School of Nursing's chapter of Sigma Theta Tau International Honor Society, Omicron Upsilon, Governance Chair	2015 – 2022
University of Portland SON Co-Chair for Search & Screen Committee	2015 – 2016
University of Portland representative to restructure the DNP Course Curriculum	2014 – 2015

Michigan State University Service

MSU College of Nursing representative for Community Nursing Research Day. Duties include being part of the planning committee and reviewing committee for abstracts	2013
Member of the Trifecta Intellectual Leaders group (TIL). Trifecta is nontraditional collaboration among Colleges of Nursing, Engineering, and Communication Arts and Sciences. Aim of TIL is to move forward the Michigan State University Trifecta Initiative	2013
MSU Member of the College of Nursing College Advisory Council	2013
Member of the College of Nursing Graduate Program Committee	2012 – 2013
Member of the Alpha Psi Chapter of Sigma Theta Tau Scholarship Committee	2012 – 2014
College of Nursing faculty representative for Michigan State University Academic Appeals Board	2012 – 2014
Judge for 3rd Annual Graduate Academic Conference, sponsored by the Michigan State University Council of Graduate Students	03/30/2012

Professional & Community Service

AACN Reviewer for Competency-Based Education for Practice-Ready Nurse Graduates Pilot Projects	2022
National Organization of Nurse Practitioner Faculties (NONPF) Trauma Informed & Resilience Special Interest Group	2022 – present
Academic Consortium's Integrative Nursing Special Interest Group, University of Minnesota	2021 – present
Healthy Living for Pandemic Event Protection (HL - PIVOT) Network, Chicago, IL, USA	2020 - present
National Physical Activity Plan – Healthcare Sector: Project on Advancing Key Actions for Enhancing PA Surveillance	2020 - 2021

- Healthcare Work Group

Forest Park Rapid Responders	2020
American College of Sports Medicine Exercise Is Medicine Nursing Workgroup	2017 - 2021
Oregon Nurses Association Cabinet on Education Member	2017 - 2021
Western Institute of Nursing (WIN) Membership Committee	2016 – 2019
Contributing member, Oregon Center for Nursing Oregon Action Coalition Town Hall Communications Workgroup	2016 – 2020
Duke Advanced Practice Provider Leadership Institute Project Coach	2022 – Present
Duke-Johnson & Johnson Nurse Leadership Program Project Coach	2017 - 2021
WIN abstract reviewer for 2016 WIN Conference	2015
WIN abstract reviewer mentor to mentee a new reviewer in the process of abstract review for 2016 WIN Conference	2015
American College of Sports Medicine Exercise Is Medicine Undeserved and Community Health Committee	2015 – 2023
Council for the Advancement of Nursing Science abstract reviewer for 2014 National State of the Science Congress on Nursing Research	2014
Administrative Supervisor for two Community Health Workers in the Michigan Pathways to Better Health Initiative. The Lansing Latino Health Alliance is a Care Coordination Agency that joins in this initiative with the Ingham County Health Department and the Power of We Consortium, to improve health and human services for Ingham County residents with two or more chronic conditions, and in turn to reduce costs to Medicaid and Medicare.	2013
Board of Directors for the Lansing Latino Health Alliance, Vice President December 2013	2012 - 2014
Council for the Advancement of Nursing Science abstract reviewer for 2012 National State of the Science Congress on Nursing Research	2012

State & Regional Professional Organizations & Offices

American College of Sports Medicine American Fitness Index Advisory Board – first nurse appointed to board	2023-2026
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- American Association of Nurse Practitioners (AANP) Nomination Council 2021-2024
- Co-chair of Midwest Nursing Research Society Research Section: Health of Diverse Populations 2013
- Invited to volunteer for student poster abstract review for MNRS 2013 Annual Research Conference in Chicago, Illinois, March 7-10, 2013 2012

Mentoring & Advising

University of Greensboro Doctoral Advisory Committees

- 2022-2023 Lawrency Jones, PhD, Coping Strategies of African American Women to mitigate depression.

University of Portland DNP Scholarly Projects

- 2021-2022 Brittney Tice, DNP -Student: Increasing In-Office Blood Pressure Reading Knowledge Factors and Behavioral Perceptions Using Available Resources, University of Portland School of Nursing, Advisor
- 2020-2021 Kate Roberts, DNP Student: Implementation of the 15-item geriatric depression scale to increase screening and aid in appropriate treatment of depression in older adults., University of Portland School of Nursing, Advisor
- 2019-2020 Sarah Curde, DNP Student: Improving Rooming Guidelines within a Free Clinic, University of Portland School of Nursing, Advisor
- 2018-2019 Inga Giske, DNP Student: Increasing the Identification of Hepatitis C and Referral to Treatment in Primary Care Through a Medical Assistant Driven Workflow, University of Portland School of Nursing, Advisor
- 2017-2018 Jennifer Frost, DNP Student: Mindfulness-Based Stress Reduction: A Nonpharmacological Approach to Chronic Pain, University of Portland School of Nursing, Advisor
- 2017-2018 Colette Whelan, DNP Student: Food Insecurity Screening in a Federally Qualified Health Center's Primary Care Setting, University of Portland School of Nursing, Advisor
- 2016-2017 Lola Maclean, DNP Student: Improving Adult BMI Assessment Metric Coding in a Small, Urban Primary Care Setting, University of Portland School of Nursing, Advisor
- 2015-2016 Carly Griffin & Rochelle Paquette, DNP Student: Advance Care Planning and Group Visit Referral Workflow, University of Portland School of Nursing, Advisor

University of Portland Undergraduate Research

Founders Day

2021 Brooke Lovell

How Implicit Bias and Systemic Barriers Impact Pregnant African American Women

- 2021 Meg Bender-Stephanski *Inclusion of Physical Activity in National Nurse Practitioner Curricula*
- 2020 Meg Bender-Stephanski *Investigation of Physical Activity Instruction into United States Nurse Practitioner Curricula*
- 2019 Emily Holguin and Dannise Matarlo *Building Nurse's Capacity to Address Delirium in the Intensive and Critical Care Setting*
- 2019 Kaitlin Yap, Emma Covert, Stephanie Sherman, and Sara Griffin *A Journey to Peru: Lessons on Cultural Humility*
- 2018 Zachary Crown, Hannah Foreman, and Carley St. George *Does Where You Die Impact Those You Love? A Qualitative Journey Exploring Place of Death and the Impact on Family*
- 2018 Nathan Lynch *Latino/Hispanic Men's Reactions to Use of Culturally Tailored Images*
- 2017 Kelsey Malone *Psychological Factors Influencing Physical Activity Among Latinas of Child-bearing Age: A Systematic Review*
- 2017 Laura McDonagh & Sarah Fenner *Road Less Traveled: Stressors and Coping Strategies of Baccalaureate Nursing Students*
- 2017 Kayla Parolari-Grosgurin and Kaitlyn Piantoni *Triangulation: Using Qualitative and Quantitative Data to Better Understand Exercise Motivators and barriers Among Latinas*
- 2017 Laura McDonagh *Activity Motivators and Barriers Physical Activity Among Latinas in the U.S.*
- 2016 Jonathan Irwin, Cora McSperitt, and Skye Kahea Young *Harm Reduction: Evidence Base Practice, Public Health, and Professional Advocacy to Create Change*
- 2016 Kaitlyn Knudson *Yoga Therapy for Mental Illness*
- 2016 Meghan Bradford, Danielle Silva, Erin Simants, and Hannah Schmitz *Reducing Procedural Pain in Neonates with Kangaroo Care*
- 2015 Emma Hurtado and Paige Chancellor *Kangaroo Care: Hop into Health*
- 2015 Paul Mollard *The Efficacy of Using Ultrasonography to Reduce Neonatal Exposure to Radiography for Placing Peripherally Inserted Central Catheters*
- 2015 Derek Dordan, Michelle Quirk, and Jeff Ohren *Effect of E-Health Services on Patient Health Outcomes*

<i>University of Portland Provost's Initiative Undergraduate Research</i>		
2021	Kira Mattes	<i>Nature Therapy Effects on Nurse Practitioners Stress</i>
2017	Jessica Bautista, Kelsey Malone, Laura McDonagh, Kayla Parolari, & Kaitlyn Piantoni	<i>Health Disparities in Vulnerable Populations Manuscript Experience: Exercise, Cultural Communication, and the Use of Multi-methods in Health Disparities Research</i>
2017	William Larson & Dylan Wiggins	<i>Health Disparities in Vulnerable Populations Manuscript Experience: Exercise, Cultural Communication, and the Use of Multi-methods in Health Disparities Research</i>

Student Advisement

University of North Carolina School of Nursing

2023 – Present	39	MSN Student Advisor
2022 – Present	43	BSN Student Advisor

University of Portland School of Nursing

2021-2022	35	DNP Student Advisor
2020-2021	30	BSN Student Advisor
2019-2020	27	BSN Student Advisor
2018-2019	35	BSN Student Advisor
2017-2018	32	BSN Student Advisor
2016-2017	35	BSN Student Advisor
2015-2016	34	BSN Student Advisor
2014-2015	20	BSN Student Advisor

PROFESSIONAL MEMBERSHIPS & OFFICES HELD

Western Institute of Nursing	2015 – 2022
Oregon Nurses Association/ Nurse Practitioners of Oregon	2015 – 2022
American College of Sports Medicine	2013 – Present
Minority Health and Interest Research Group, Faculty Network Member, Northwest Chapter	2013 – 2022
American Association of Nurse Practitioners	2013 – Present
American Academy of Nurse Practitioners	2012
American Public Health Association	2012 – 2013
National Organization of Nurse Practitioner Faculties	2011 – 2013, 2015 – Present
Midwest Nursing Research Society (Health of Diverse Populations Research Section)	2011 – 2014
American College of Nurse Practitioners	2006 – 2012

Gamma Zeta Chapter Sigma Theta Tau International	2006 – Present
Council for the Advancement of Nursing Science	2010, 2012 – Present
Community Campus Partnership for Health	2009 – 2011
American Nurses Association	2008 – Present

OTHER***Languages***

Able to conduct interviews, research, convey diagnoses and treat patients in Spanish

Continuing Education to support research endeavors and strengthen grant applications

Certificate of Completion, University of Arizona, Andrew Weil Center for Integrative Medicine, 6-month Integrative Health & Lifestyle Program 07/2021

Completed 45 contact hour course, “Foundations in Integrative Health.” Sponsored by National Center for Integrative Primary Healthcare and the Arizona Center for Integrative Medicine, University of Arizona 6/30/2016

Completed 8-day Postgraduate Course on Research Directions and Strategies, “Physical Activity and Public Health Research Course”, Park City, Utah. Sponsored by the Centers for Disease Control and Prevention and Arnold School of Public Health, Prevention Research Center, University of South Carolina 9/10 - 18/2013

Completed 15-hour intensive training in “Motivational Interviewing to Increase Adolescent Girls’ Physical Activity.” Sponsored by Michigan State University College of Nursing, East Lansing, MI 10/6 - 7/2012